

PLEASE NOTE THAT ALL FALL SPORTS BEGIN ON AUGUST 10, 2011

LYONS TOWNSHIP HIGH SCHOOL
ATHLETIC PROGRAMS – FALL SEASON – 2011

All students wishing to participate in athletics must have a current physical and complete an Athletic/Insurance Student Activities form. This form must be presented to the coach or sponsor of the activity on the **first day of practice**. The Athletic Department requires each participant to complete a new form for each sport season. This insures the safety of the athlete, and also updates the athletic eligibility files. The form will be sent home in late July as part of the all school mailing or you can print forms by going to Lyons Township High School's Web Site at www.lths.net – click on athletics, then click forms. Physical forms can also be found here.

Boys Cross Country Is a **“No-Cut” sport**. The season begins with a mandatory practice on Wednesday, August 10. Meet at South Campus Track from 8-11am. Wear a t-shirt, shorts and running shoes and prepare for a 3 mile run. To prepare for the fall season most of our team members will join the Summer Running Program. Questions - Mike Danner – mdanner@lths.net.

Girls Cross Country Is a **“No-Cut” sport**. Practice begins Wednesday, August 10 from 8-11am. Meet by the South Campus Field House. Dress in workout gear and bring your own water bottle. To prepare for the fall season most of our team members will join the Summer Running Program. Questions – Stetson Steele - ssteele@district106.net.

Football Is a **“No Cut” sport**. Practice for all levels of football begins on Wednesday, August 10. Report to the South Campus gyms – varsity at 7:30am; sophomores at 8:00am; and Freshmen at 8:30am. Bring shorts, t-shirt, football cleats and running shoes. All levels bring a *sack lunch*, you will be at LT until 3pm. Questions – Kurt Weinberg – kweinberg@lths.net.

Boys Golf Is a **“Cut” sport**. Bring all needed paperwork to tryouts on Aug. 10.

Aug. 9	7:30am	Pre-season meeting NC Fieldhouse
Aug. 10	7:00am	Varsity tryouts at Willowcrest 18 holes \$35
Aug. 10	10:30am	Frosh/Soph tryouts at Flagg Creek 9 holes \$13
		*Cuts will be made after 9 holes
Aug. 11	7:30am	Varsity tryouts at Willowcrest 18 holes \$35
Aug. 11	8:30am	Frosh/Soph tryouts at Flagg Creek 18 holes \$13 per 9 holes
Aug. 12	8:30am	Frosh/Soph tryouts at Flagg Creek 18 holes \$13 per 9 holes
Aug. 12	TBA	Varsity tryouts site TBA
Aug. 12	6:00pm	Parent meeting NC Fieldhouse foyer

TEE TIMES SUBJECT TO CHANGE. Questions – Brian Kopecky – bkopecky@lths.net

Girls Golf Is a **“Cut” sport**. Bring all needed paperwork to tryouts on Aug. 10.

Aug. 9	2:00pm	Pre-season meeting NC Fieldhouse
Aug. 10	TBA	Varsity/Frosh/Soph at Flagg Creek \$13 per 9 holes
Aug. 11	TBA	Varsity at Willowcrest 18 holes \$35-lunch included
Aug. 11	TBA	Frosh/Soph at Flagg Creek 9 holes \$13 per 9 holes
Aug. 12	TBA	Varsity/Frosh/Soph at Flagg Creek \$13 per 9 holes

TEE TIMES TBA. Questions – Bradley Anderson – banderson@lths.net

Boys Soccer Is a **“Limited” sport**. Practice begins on Wednesday, August 10 at 8:00am for all levels. Players should report to the North Campus Vaughan Gym. Bring all paperwork, a ball, shin guards, cleats, gym shoes, water and a lock. Schedules will be given out on the first day. Questions – Paul Labbato – plabbato@lths.net.

Girls Swim/Dive Is a **“Limited” sport**. All swimmers/divers should report to the South Campus pool, Wednesday, August 10 from 8-10:30am. Bring your suit, goggles, cap, and locks. Questions – Kurt Johns – 708/579-6393.

Girls Tennis Is a **“Cut” sport**. Freshmen and sophomore players should report to the South Campus tennis courts from 9:00-11:30am on Wednesday, Aug. 10; JV and varsity players should report from 2-5:30pm on Wednesday, Aug.10. Come dressed and ready to play. In case of rain, players should report to the drivers ed area. Questions – Bill Wham – 708/638-1206

**Girls
Volleyball**

Is a “Cut” sport. All levels will meet on Wednesday, Aug. 10 from 9am – 11am at the North Campus fieldhouse. Once try-outs are complete, practices will continue daily until school begins and will continue through the fall season. The practice schedule is subject to change after the first meeting. Questions – Joann Pyritz – jpyritz@lths.net.

**Eurythmics
Dance Co.**

Is a “Cut” activity. An organizational meeting will be held at the North Campus Dance Gym on Wednesday, August 24th at 3:30pm. Auditions are scheduled for Thursday, September 1st and Friday, September 2nd from 6:30-9:30pm in the North Campus Dance Gym. Questions – Terry Wethington – twethington@lths.net.