



# Parent University

Whether this will be your 1st or 12th Parent University,

**MARK YOUR CALENDARS**

**NOW** and plan to spend the morning learning, sharing, and networking.

The agenda is always filled with great speakers discussing current issues facing today's youth from pre-school through high school, along with issues facing parents and what can be done.

Attend the keynote speaker and then choose 3 breakout sessions.

Cost: \$15 (by 1/30/09)  
\$25 at the door

Includes continental breakfast, all sessions & light snacks.

Child care (age 3-10) \$5

Registration forms and session details will be available in December.



## Saturday, February 7, 2009

8:15 am-1:15 pm ~LTHS - South Campus

### Keynote Speaker

Margaret Salyer, LCPC

“Keeping Relationships Healthy”



A highly regarded speaker at Parent University, Margaret will offer concrete recommendations for behaviors that will build healthy relationships and specific tips on how to avoid the common pitfalls that have the potential to injure the relationships we most care about - the ones we have with our kids and our partners! She is a Licensed Clinical Professional Counselor experienced in treating individuals, couples and children. She is co-owner of a private practice in Lisle and works at Benedictine University where she is the Director of the Masters Program in Clinical Psychology.

### Additional Speakers & Topics

We already have a terrific line up of engaging speakers to share their wealth of information on a variety of topics.

- ◆ Lauren Bondy and Karen Jacobson will be back with their great session on “Raising Responsible Resilient Children”.
- ◆ Dr. Mike Maniacci will again share his knowledge. This time his topic will be “10 Most Common Parenting Mistakes”.
- ◆ Barb Barrett, from Robert Crown Center, will discuss developmentally appropriate information on sexuality.
- ◆ Alice Wood, an attorney, will teach us about Raising Money-Smart kids.
- ◆ Other topics include: Cyberspace Teens – Internet and Cell Phones, Managing Anger, Offbeat Chicago Attractions for Kids and Families, Healthy Eating, Letting Go of your Older Teens, Getting Ready to Read, Parenting Styles, Vaccines & Health, Raising Good Citizens, and much more.

**We would love more volunteers**—if you can help, even just a little, before or on the day of the event, please contact Jeanne Widing, 708.579.6507 or e-mail at [jwiding@lths.net](mailto:jwiding@lths.net)

### Parent & Community Network (PCN)

P.O. Box 129 ~ Western Springs, IL 60558

[pcn4lt@yahoo.com](mailto:pcn4lt@yahoo.com)

For updated information on Parent University, ask your local school representative or visit: <http://www.lths.net/InfoFor/Parents/PCN/>