

Lyons Township High School

HEAD INJURIES

If any of the following signs/symptoms should occur, parents/guardians should take their son/daughter to the nearest hospital emergency room immediately:

1. Increasing drowsiness or difficulty in waking up or keeping awake.
2. Worsening headache.
3. Nausea, vomiting or stiff neck.
4. Pupils not the same size or non-functional.
5. Eyeballs jerking back and forth.
6. Weakness in arms or legs or clumsy walking.
7. Slurred speech, rambling talk, increased confusion or doesn't know where s/he is.
8. Seizure or convulsion with jerking or twitching.
9. Loss of consciousness.

Recommendations:

1. Do not use any painkillers or prescription painkillers (drugs) for 48 hours.
2. Do not allow the person to drive or operate dangerous machinery for 48 hours.
3. Limit intensive visual or auditory stimuli, including, but not limited to: TV viewing, video games, texting, and attendance at classes (i.e. furniture making, orchestra, band) or events in a loud environment.
4. Remain out of physical activity, including, but not limited to: sports (including any club sports) recreational working out, and physical education.
5. If you have any further questions, please consult your family physician.
6. If your student is working with an LTHS athletic trainer during their athletic season, you may also contact the athletic trainer.

South Campus Athletic Training Room: 708-579-6569

North Campus Athletic Training Room: 708-579-6395