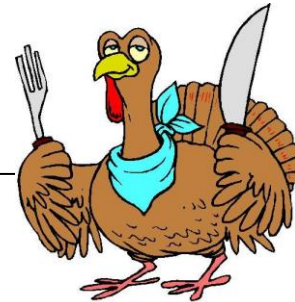


November



Lyons Township High School, SOUTH Campus Faculty & Staff Menu

1
Chicken Wild Rice Soup

Garlic Butter Chix Brst
Chicken Tenders
Italian Sausage /Peppers
Italian Beef
Steamed Green Beans
Herbed Pasta
French Fries

2
Chicken Noodle Soup

Fried Chicken
Italian Marinated Wings
Beef Taco Meat / Chips
Mini Italian Frittata
Oven Rst'd Veggie
Mashed with Gravy
Mini Potato Pancakes

 3
Chicken Dumpling

Chix Pasta & Veggies
Parmesan Bnlss Wings
Saucy Hot Dogs
Claim Jumper Meatloaf
Oven Rst'd Veggie
AuGratin Potatoes
Onion Rings

4
Veggie Beef Barley

Baked Pasta
Loaded Bnlss Wings
Chopped Steak Au Jus
Buffalo Chicken Sand.
Rst'd Fresh Veggie
Garlic Toast
Zucchini Stix & Sauce

5
Chicken Wild Rice Soup

Marinated Chix Breast
Boneless Wings & Sauce
Sausage Breakfast Bake
Grilled Tuna Melt
Steamed Broccoli
Mac & Cheese
French Fries

8
Chicken Wild Rice Soup

Caesar Crusted Chix
Teriyaki Wings
Sausage & Peppers
Italian Beef
Steamed Peas/Carrots
AuGratin Potatoes
Zucchini Stix & Sauce

9
Golden Broccoli Soup

Chicken Parmesan
Jalapeno Pineapple Wings
Burger / Cheesebrgr
Oven Rst'd Veggie
Pasta in Blush Sauce
Garlic Toast
French Fries

 10
Beef & Bean Chili

Chix Pesto w/ Mozz
Chicken Tenders
Chicago Style Hot Dog
Classic Meatloaf
Steamed Fresh Broccoli
Mashed & Gravy
Onion Rings

11
Loaded Potato Soup

Breaded Chix Breast
Bee Sting Bnlss Wings
Classic Sloppy Joe
Chef's Special Entree
Rst'd Fresh Veggie
Roasted Red Potatoes
French Fries

12
Chix Dumpling Soup

Lemon Butter Pollack
Mozz Stix & Marinara
Veggie Pizza Slices
Supreme Pizza Slices
Baked Chix Quesadilla
Steamed Spinach
Mini Potato Pancakes
Breaded Green Beans

15
Chicken Noodle Soup

BBQ Chicken Breast
Caesar Wings
Ital Sausage & Peppers
Italian Beef
Steamed Green Beans
Scalloped Potatoes
French Fries

16
Chicken Dumpling Soup

Italian Marinated Chix
Marcy's Mom's Wings
Beef Taco Meat w/ Chips
Chix, Pasta & Veggies
KFC Coleslaw
Street Corn Bake
Onion Rings

 17
Beef & Bean Chili

Brd Buffalo Chix Breast
Boneless Wings & Sce
Chicago Style Hot Dog
Thanksgiving Turkey Mtoaf
Green Bean Casserole
Mashed & Gravy
Potato Chippers

18
Stuffed Pepper Soup

Teriyaki Chicken Brst
Parm Boneless Wings
Country Brkfast Bake
Veggie Eggrolls
Oven Rst'd Veggie
Veggie Fried Rice
Zucchini Stix & Sauce

19
Chix Wild Rice Soup

Cod Nuggets & tartar
Chicken Tenders
Burger/Cheesebrgr
Gr'd Cheese on Tuscan
Rst'd Fresh Veggie
Mac & Cheese
French Fries

22
Chicken Wild Rice Soup

Rotisserie Chix Breast
Boom-Boom Bnlss Wings
Sausage & Peppers
Italian Beef
Oven Rst'd Broccoli
AuGratin Potatoes
French Fries

23
Chef's Choice Soup

Grilled Pesto Chix Brst
Chicken Tenders
BBQ Rib Sandwich
French Bread Pizza
Oven Rst'd Veggie
Mini Potato Pancakes
Onion Rings

24

Non-Attendance Day

25

Thanksgiving Day

26

Thanksgiving Holiday

29
Chicken Dumpling Soup

Garlic Butter Chix Brst
Chicken Tenders
Italian Sausage /Peppers
Italian Beef
Steamed Green Beans
Herbed Pasta
French Fries

30
Chicken Noodle Soup

Fried Chicken
Italian Marinated Wings
Beef Taco Meat / Chips
Mini Italian Frittata
Oven Rst'd Veggie
Mashed with Gravy
Mini Potato Pancakes



Menu Subject To Change - All Items
Not Available At All Schools -
www.sodexomyway.com